

# Restaurant Eldora - KSZ

Monday, 25. October	Tuesday, 26. October	Wednesday, 27. October	Thursday, 28. October	Friday, 29. October
<b>SUPPÄ</b>    Tomato and vegetable broth with Julienne <i>approx 60.5 cal.</i>	<b>SUPPÄ</b>    Vegan pumpkin soup <i>approx 64.9 cal.</i>	<b>SUPPÄ</b>   Forest mushroom cream soup <i>approx 108.5 cal.</i>	<b>SUPPÄ</b>   Beef broth with egg and vegetables <i>approx 59.9 cal.</i>	<b>SUPPÄ</b>   Tomato cream soup <i>approx 120.6 cal.</i>
<b>INT CHF 1.50 / EXT CHF 2.50</b>	<b>INT CHF 1.50 / EXT CHF 2.50</b>	<b>INT CHF 1.50 / EXT CHF 2.50</b>	<b>INT CHF 1.50 / EXT CHF 2.50</b>	<b>INT CHF 1.50 / EXT CHF 2.50</b>
<b>KARMA</b>  White-bread dumplings Forest mushroom gravy  <i>approx 356.7 cal.</i>	<b>KARMA</b>   Vegan chickpea curry "chana masala" Couscous Date chutney Papadum  <i>approx 730.9 cal.</i>	<b>KARMA</b>  All-American Burger Planted-Based-patty, brioche bun, iceberg salad, tomato, cheddar and special burger sauce Nachips Corn on the cob with herb butter  <i>approx 1239.3 cal.</i>	<b>KARMA</b>   Vegan Buddha bowl with quinoa, tofu, edamame, sweet potato  <i>approx 567.1 cal.</i>	<b>KARMA</b>    Tortilla with potatoes, onions and bell peppers Tomato sauce  <i>approx 274.8 cal.</i>
<b>INT CHF 8.50 / EXT CHF 11.50</b>	<b>INT CHF 8.50 / EXT CHF 11.50</b>	<b>INT CHF 8.50 / EXT CHF 11.50</b>	<b>INT CHF 8.50 / EXT CHF 11.50</b>	<b>INT CHF 8.50 / EXT CHF 11.50</b>
<b>HEIMÄT</b>  Alpkuhpatenschaft Homemade cheese spaetzli with Eldora Alpine cheese, fried onions and applesauce Glazed peas  <i>approx 1305.8 cal.</i>	<b>HEIMÄT</b> Key West Burger Beef burger, sesame bun, iceberg, tomato, baked onions, cheddar cheese and chilli mayonnaise French fries Baked courgettes <i>approx 1260.3 cal. / Burger (Beef): Switzerland</i>	<b>HEIMÄT</b> Braised beef roulade Red wine gravy Mashed potatoes Baked fennel  <i>approx 605.3 cal. / Roulade (Beef, Pork): Switzerland</i>	<b>HEIMÄT</b> G'hackets and Hörnli Minced beef Swiss macaroni Applesauce Grated cheese Glazed carrots  <i>approx 945.0 cal. / Beef: Switzerland</i>	<b>HEIMÄT</b>  Riz Casimir Chicken strips Curry sauce Rice Fruits and almonds  <i>approx 691.0 cal. / Chicken: Switzerland</i>
<b>INT CHF 8.50 / EXT CHF 11.50</b>	<b>INT CHF 8.50 / EXT CHF 11.50</b>	<b>INT CHF 8.50 / EXT CHF 11.50</b>	<b>INT CHF 8.50 / EXT CHF 11.50</b>	<b>INT CHF 8.50 / EXT CHF 11.50</b>
<b>PASTA</b>  Cappelletti with tomato basil filling Tomato cream sauce with vegetables Grated Grana Padano <i>approx 720.5 cal.</i>	<b>PASTA</b> Penne Chicken and herb cream sauce Grated Grana Padano  <i>approx 620.1 cal. / Chicken: Switzerland</i>	<b>PASTA</b> Spaghetti with 4 Sauces Bolognese, Pipistrella, Käserahmsauce, Tomaten-Pesto und Grana Padano  <i>approx 982.2 cal. / Beef: Switzerland, Salami (Pork, Beef): Switzerland</i>	<b>PASTA</b> Trofie Carbonara with bacon, egg, garlic and parsley Grated Grana Padano <i>approx 747.4 cal. / Bacon (Pork): Switzerland</i>	<b>PASTA</b> Tortiglioni Bolognese sauce Grated Grana Padano  <i>approx 662.9 cal. / Beef: Switzerland</i>
<b>INT CHF 8.50 / EXT CHF 11.50</b>	<b>INT CHF 8.50 / EXT CHF 11.50</b>	<b>INT CHF 8.50 / EXT CHF 11.50</b>	<b>INT CHF 8.50 / EXT CHF 11.50</b>	<b>INT CHF 8.50 / EXT CHF 11.50</b>
<b>PIZZA</b> Pizza Text Kantonsschulen <i>approx 699.0 cal.</i>	<b>PIZZA</b> Pizza Text Kantonsschulen <i>approx 699.0 cal.</i>	<b>PIZZA</b> Pizza Text Kantonsschulen <i>approx 699.0 cal.</i>	<b>PIZZA</b> Pizza Text Kantonsschulen <i>approx 699.0 cal.</i>	<b>PIZZA</b> Pizza Text Kantonsschulen <i>approx 699.0 cal.</i>
<b>INT CHF 5.50 / EXT CHF 8.60</b>	<b>INT CHF 5.50 / EXT CHF 8.60</b>	<b>INT CHF 5.50 / EXT CHF 8.60</b>	<b>INT CHF 5.50 / EXT CHF 8.60</b>	<b>INT CHF 5.50 / EXT CHF 8.60</b>
<b>SALATBUFFET</b>   Daily fresh raw vegetable and green salads with various toppings and dressings	<b>SALATBUFFET</b>   Daily fresh raw vegetable and green salads with various toppings and dressings	<b>SALATBUFFET</b>   Daily fresh raw vegetable and green salads with various toppings and dressings	<b>SALATBUFFET</b>   Daily fresh raw vegetable and green salads with various toppings and dressings	<b>SALATBUFFET</b>   Daily fresh raw vegetable and green salads with various toppings and dressings
<b>INT CHF 2.20 / EXT CHF 2.80</b>	<b>INT CHF 2.20 / EXT CHF 2.80</b>	<b>INT CHF 2.20 / EXT CHF 2.80</b>	<b>INT CHF 2.20 / EXT CHF 2.80</b>	<b>INT CHF 2.20 / EXT CHF 2.80</b>
<b>SÜESSES</b>    Fruit salad  <i>approx 54.0 cal.</i>	<b>SÜESSES</b>    Coconut pudding  <i>approx 243.3 cal.</i>	<b>SÜESSES</b>    Chocolate mousse  <i>approx 300.7 cal.</i>	<b>SÜESSES</b>  Chocolate coconut cake  <i>approx 212.0 cal.</i>	<b>SÜESSES</b>  Chestnut mousse with meringues  <i>approx 232.5 cal.</i>
<b>INT CHF 1.50 / EXT CHF 2.50</b>	<b>INT CHF 1.50 / EXT CHF 2.50</b>	<b>INT CHF 1.50 / EXT CHF 2.50</b>	<b>INT CHF 1.50 / EXT CHF 2.50</b>	<b>INT CHF 1.50 / EXT CHF 2.50</b>