


Restaurant Eldora - KSZ

Monday, 18. September	Tuesday, 19. September	Wednesday, 20. September	Thursday, 21. September	Friday, 22. September
KARMA  Pumpkin falafel patty Vegetable salad with rocket, mint, parsley, olive oil and lemon juice Spicy garlic lemon sauce <i>approx 559.7 cal.</i>	KARMA  BIO Farmer's Day Palak paneer pasta Penne with spinach cream sauce, pan-fried paneer, pumpkin and cashew nut pesto <i>approx 1151.1 cal.</i>	KARMA  Spaetzli gratin with autumn vegetables and raclette cheese <i>approx 1152.9 cal.</i>	KARMA  Soy protein nuggets Cocktail sauce French fries <i>approx 1006.1 cal.</i>	KARMA  Valaisian Roesti with leeks, tomato and raclette cheese <i>approx 372.3 cal.</i>
INT CHF 9.50 / EXT CHF 12.50	INT CHF 9.50 / EXT CHF 12.50	INT CHF 9.50 / EXT CHF 12.50	INT CHF 9.50 / EXT CHF 12.50	INT CHF 9.50 / EXT CHF 12.50
HEIMÄT Swiss Fleischkäse meatloaf Rosemary gravy Conchiglie tricolour Glazed two-coloured carrots <i>approx 825.9 cal. / Swiss Meatloaf (Pork): Switzerland</i>	HEIMÄT  Chicken wings Chili mayonnaise French fries Tomato with basil pesto <i>approx 1258.6 cal. / Chicken: Switzerland</i>	HEIMÄT  BIO Farmer's Day Farmer's Bratwurst from Uelihof Onion gravy Polenta Green beans <i>approx 709.0 cal. / Sausage (pork, beef): Switzerland</i>	HEIMÄT Swiss style beef burger from Uelihof Tomato coulis Speltotto Courgettes with herbs <i>approx 652.5 cal. / Beef: Switzerland</i>	HEIMÄT Cannelloni with beef filling, tomato sauce, bechamel sauce, gratinated with cheese Tomato sauce Sauce Béchamel Grated cheese Daily vegetable <i>approx 1040.8 cal. / Beef: Switzerland</i>
INT CHF 9.50 / EXT CHF 12.50	INT CHF 9.50 / EXT CHF 12.50	INT CHF 9.50 / EXT CHF 12.50	INT CHF 9.50 / EXT CHF 12.50	INT CHF 9.50 / EXT CHF 12.50
PASTA Spaghetti Carbonara with bacon, egg, garlic and parsley Grated cheese <i>approx 736.2 cal. / Bacon (Pork): Switzerland</i>	PASTA Conchiglie tricolour Rosemary gravy Fried Swiss Fleischkäse meatloaf Grated cheese <i>approx 899.2 cal. / Meatloaf (Pork, Veal): Switzerland</i>	PASTA  Organic penne Tomato cream sauce with vegetables Grated cheese <i>approx 649.6 cal.</i>	PASTA Noodles Bolognese sauce Grated cheese <i>approx 654.0 cal. / Beef: Switzerland</i>	
INT CHF 9.50 / EXT CHF 12.50	INT CHF 9.50 / EXT CHF 12.50	INT CHF 9.50 / EXT CHF 12.50	INT CHF 9.50 / EXT CHF 12.50	INT CHF 9.50 / EXT CHF 12.50
PIZZA Text Pizza Kantonsschulen <i>approx 710.9 cal.</i>	PIZZA Text Pizza Kantonsschulen <i>approx 710.9 cal.</i>	PIZZA Text Pizza Kantonsschulen <i>approx 710.9 cal.</i>	PIZZA Text Pizza Kantonsschulen <i>approx 710.9 cal.</i>	
INT CHF 5.50 / EXT CHF 8.60	INT CHF 5.50 / EXT CHF 8.60	INT CHF 5.50 / EXT CHF 8.60	INT CHF 5.50 / EXT CHF 8.60	INT CHF 5.50 / EXT CHF 8.60
SÜESSES  Millefeuille <i>approx 132.6 cal.</i>	SÜESSES  Chocolate mousse <i>approx 301.3 cal.</i>	SÜESSES  Caramel cream <i>approx 166.6 cal.</i>	SÜESSES  Plum crumble cake with whipped cream <i>approx 336.7 cal.</i>	SÜESSES Dessert variation Choice of various desserts
INT CHF 1.50 / EXT CHF 2.50	INT CHF 1.50 / EXT CHF 2.50	INT CHF 1.50 / EXT CHF 2.50	INT CHF 1.50 / EXT CHF 2.50	INT CHF 1.50 / EXT CHF 2.50